

# First Aid Course – HLTAID013 – PROVIDE FIRST AID in REMOTE or ISOLATED SITE

Full Course outline. -

## Course content

- Relevant guidelines, procedures
- Legal, workplace and community considerations for the provision of first aid
- Administration of medications
- Considerations and techniques for performing CPR on an adult, child, and infant
- Identification and management of a variety of conditions and injuries, including but not limited to:
  - allergic reaction
  - anaphylaxis
  - asthma
  - non-life-threatening bleeding
  - burns
  - cardiac conditions, including chest pain
  - choking
  - diabetes
  - drowning
  - envenomation - all current treatments
  - eye injuries
  - fractures, dislocations, sprains, and strains
  - head, neck, and spinal injuries
  - hypothermia
  - hyperthermia
  - minor wounds
  - nosebleed
  - poisoning
  - seizures
  - shock
  - sharps injuries
  - stroke
  - life threatening bleeding including use of tourniquets and haemostatic dressings
- Remote considerations in the provision of first aid
- Psychological impacts of first aid incidents on rescuers and how to seek help.

## Assessment activities

- Multiple choice assessment
- Manage unconscious casualty (simulated)
- Perform CPR uninterrupted for 2 minutes on adult resuscitation manikin (on ground)
- Perform CPR uninterrupted for 2 minutes on infant resuscitation manikin (on solid surface)
- Management of various simulated conditions and incidents by:
  - identifying the casualty's illness or injury through history, signs and symptoms
  - using personal protective equipment (PPE) as required
  - providing appropriate first aid treatment

- conveying incident details to emergency services or advising casualty on any required post incident action
- providing an accurate verbal and written report of the incident
- reviewing the incident
- conducting basic triage for a multiple casualty incident

### **Qualifications**

HLTAID009 Provide cardiopulmonary resuscitation

HLTAID010 Provide basic emergency life support

HLTAID011 Provide First Aid

HLTAID013 Provide First Aid in remote or isolated site



## Equipment Requirements – Minimum Standards (As stipulated in the assessment conditions).

HLTAID013 <https://training.gov.au/Training/Details/HLTAID013>

Each candidate to demonstrate skills in an environment that provides realistic in-depth, scenarios and simulations to assess candidates' skills and knowledge.

Scenarios must concentrate on the significance of remote or isolated site circumstances.

Due to the nature of this type of training, it is acceptable for the performance evidence to be collected in a simulated environment.

Compression and ventilation skills must be demonstrated on resuscitation manikins following ARC guidelines for the purpose of assessment of CPR procedures.

Assessment must ensure access to:

- adult and infant resuscitation manikin following ARC guidelines for the purpose of assessment of CPR procedures
- adrenaline auto-injector training device
- AED training devices
- placebo bronchodilator and spacer device
- haemostatic dressings
- haemostatic wound packing trainer
- thermometers
- tourniquets
- tourniquet trainer
- different types of wound dressings and bandages
- blankets and items to manage a casualty for shock
- personal protective equipment (PPE)
- workplace injury, trauma or illness record, or other appropriate workplace or site incident report form, which includes space for recording vital signs of casualties
- remote first aid kits
- immobilisation devices.

Simulated assessment environments must simulate real-life situations where these skills and knowledge would be performed, with all the relevant equipment and resources of that workplace or community environment.