

# First Aid Course – HLTAID011 – PROVIDE FIRST AID

Full Course outline. -

## Course content

- Relevant guidelines and procedures, incl:
  - Australian Resuscitation Council (ARC) guidelines
  - Hazard identification and control
  - Infection control
- Legal, workplace and community considerations
- Considerations and techniques for performing CPR on an adult, child, and infant, incl:
  - the chain of survival
  - rate, ratio and depth of compressions and ventilations
  - use of AED
- Identification and management of a variety of conditions and injuries, including but not limited to:
  - anaphylaxis
  - asthma
  - non-life-threatening bleeding
  - choking
  - envenomation, using pressure immobilisation
  - fractures, dislocations, sprains and strains, using appropriate immobilisation techniques
  - minor wound cleaning and dressing
  - nosebleed
  - shock

## Assessment activities

- Multiple choice assessment
- Manage unconscious casualty (simulated)
- Perform CPR uninterrupted for 2 minutes on adult resuscitation manikin (on ground)
- Perform CPR uninterrupted for 2 minutes on infant resuscitation manikin (on solid surface)
- Management of various simulated conditions and incidents by:
  - identifying the casualty's illness or injury through history, signs and symptoms
  - using personal protective equipment (PPE) as required
  - providing appropriate first aid treatment
  - conveying incident details to emergency services or advising casualty on any required post incident action
  - providing an accurate verbal and written report of the incident
  - reviewing the incident

## Statement/s of attainment received:

HLTAID009 Provide cardiopulmonary resuscitation

HLTAID010 Provide basic emergency life support

HLTAID011 Provide First Aid

## Equipment Requirements – Minimum Standards (As stipulated in the assessment conditions).

HLTAID011 <https://training.gov.au/Training/Details/HLTAID011>

Each candidate to demonstrate skills in an environment that provides realistic in-depth, scenarios and simulations to assess candidates' skills and knowledge.

Due to the nature of this type of training, it is acceptable for the performance evidence to be collected in a simulated environment.

Compression and ventilation skills must be demonstrated on resuscitation manikins following ARC guidelines for the purpose of assessment of CPR procedures.

Assessment must ensure access to:

- adult and infant resuscitation manikins following ARC guidelines for the purpose of assessment of CPR procedures
- adrenaline auto-injector training device
- AED training devices
- workplace first aid kit
- placebo bronchodilator and spacer device
- different types of wound dressings and bandages
- blankets and items to treat for shock
- personal protective equipment (PPE)
- workplace injury, trauma or illness record, or other applicable workplace or site incident report form.

Simulated assessment environments must simulate real-life situations where these skills and knowledge would be performed, with all the relevant equipment and resources of that workplace or community environment.